Psycho-Biological Pathways:
A Workshop on Immunology, ANS, and Neuro-endocrine Measurement
In Clinical and Behavioral Research

This workshop will provide an overview of immune, autonomic nervous system (ANS), and endocrine measures relevant for behavioral and mind-body research, emphasizing the role and measurement of the ANS under states of stress and relaxation. The program is geared toward social and behavioral scientists and trainees who plan to include physiological measures in future studies, as well as clinical researchers who are interested in using immunologic and neuro-endocrine measures in their research. The workshop aims to 1) provide participants with an overview of each biological system; 2) assist participants in determining which physiological measures best address their research questions and how to incorporate these measures into their research programs; 3) familiarize participants with methods for collecting specimens/data correctly, including information on logistical challenges in collecting these data and how to address them; and 4) provide guidance about how to analyze and interpret data when it comes back from the lab.

When: March 8-9, 2010
8:00 - 5:00

Where: 3333 California Street
Laurel Heights S-1, The Chancellor’s Room
San Francisco, CA 94118

Cost: $120 (before 2/22/10) for UCSF students, post-doctoral fellows, trainees, faculty
$160 (before 2/22/10) for non-UCSF Grad students, post-docs, others
Registration fee includes lunch both days

Early registration is recommended ~ add $25 for registration after February 22, 2010
Some partial scholarships available for trainees (please request scholarship application)

Send request for registration materials to: murchyl@ocim.ucsf.edu

Speakers will include:

Steve Cole, PhD
Associate Professor, Division of Hematology-Oncology, Department of Medicine, UCLA

Elissa Epel, PhD
Associate Professor, Department of Psychiatry, Director of Research, Center for Obesity, Assessment & Treatment, UCSF

Frederick (Rick) Hecht, MD
Professor of Medicine
Research Director, Osher Center for Integrative Medicine, UCSF

Margaret Kemeny, PhD
Professor, Dept. of Psychiatry
Director, Health Psychology Program, UCSF

Wendy Berry Mendes, PhD
John L. Loeb Associate Professor of Social Sciences
Harvard University

Judy Moskowitz, PhD, MPH
Associate Professor, Department of Medicine, UCSF

Elizabeth Sinclair, PhD
Assistant Professor
UCSF Core Immunology Laboratory Director

Owen Wolkowitz, MD
Professor, Department of Psychiatry, UCSF
REGISTRATION FORM

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Co-sponsored at UCSF by
The Osher Center for Integrative Medicine – TRIM Postdoctoral Fellowship Program
The Center for Health and Community, and The Health Psychology Program

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Please register me for the Psycho-Biological Pathways Workshop on May 5-6, 2009

Please print legibly:
Your Name:

Your Title and Institution:

Address:

Phone:

e-mail:

To reserve your seat, send the above information by e-mail to: murchyl@ocim.ucsf.edu or fax: 415-353-7554
Your registration will be confirmed upon receipt of payment. Please mail this registration form and check to:
Leslie Murchy, Osher Center for Integrative Medicine, UCSF Box 1726, San Francisco, CA 94143-1726

Enclosed is my check for (amount): $________________ (Please make check payable to UC Regents.)
Add $25 after February 22, 2010

For UCSF registrants only: DPA/Fund to be charged
Print name of authorized approver: ___________________________ Approval:

__________________________  _____________________________